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RESEARCH

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# FRIENDS / BROOKINGS ANNUAL MEETING



## PANEL TWO: CAPTURING SYMPTOMATIC ADVERSE EVENTS FROM THE PATIENTS' PERSPECTIVE

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PATTY SPEARS

CANCER INFORMATION AND SUPPORT NETWORK

# Patient Reported Outcomes

- “APRO is any report of the status of a patient’s health condition that comes directly from the patient, without interpretation of the patient’s response by a clinician or anyone else.”

**Why is it important to hear  
directly from the patient?**



# Aid in Decision Making: **Benefits vs. Harms**

- Once a drug is approved, patients are faced with treatment decisions.
- Decision making on the part of the physician and patient is important and very complex.
- What is necessary to make that decision?

## **BENEFITS**

What **benefits** are being measured and are they important to patient?

## **HARMS**

What **harms** are being measured and are they important to patients?

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# Why PROs?

PROs Consider:

Not only **WHAT IS THE MATTER** with the patient

But also **WHAT MATTERS** to the patient

~~ *Sandra Finestone*

Assessing harms and benefits is very subjective and needs to be done consistently and reliably to actually predict harms and benefits that **ARE IMPORTANT** to patients.

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# The Clinical Trial Landscape is Changing

- **Patients** are more involved in research, in clinical trials and in their own health care.
- **Patients** want to have a voice.
- **Patients** need the information from other patients on trials to make **Patient Informed Decisions** about their treatment.
- **The process to approve drugs is changing** – accelerated approval, breakthrough designations.
- **Precision Medicine Initiative** – it's changing the way we do trials.

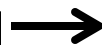
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# What Changes are needed?

## Now

- Instrument validation
- Combination of multiple instruments
- Global HR-QOL
- Used in phase 3 trials
- Analyzed separate from efficacy and published at different times
- Information is not shared with patients



## Future

- Item (question) validation
- Combination of specific items
- Targeted measurements
- Use in early phase trials (1,2 and 3)
- Analyzed along with efficacy and published together
- Information is shared with public and patients





# How do you effectively collect PRO data in trials?

- **Start Early** - collecting PRO data in early trials (Phase I and II) to better inform the collection of PROs in larger later trials (Phase III)
- **Develop targeted (precision) PROs for ALL trials**
  - Asks patients to report what matters to them
  - Make PROs acceptable to patients to complete
  - Make PROs an important part of the trial with well defined purpose and use
  - Make the PRO endpoints meaningful to patients
  - Make the PRO information available to patients

ASKING:

the right question - at the right time - in the right way

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# Why PRO-CTCAE?

- **Treatment drugs are changing**
  - Biologics have different side effects than cytotoxic agents
- **Treatment administration is changing**
  - No longer one injection every 1-3 weeks for 4-8 cycles, now oral and daily for a long period of time
- **Tolerability is not fully addressed by current assessments.**
  - Only high toxicity at predetermined times is reported and does not take into effect moderate toxicity over a long period of time (long treatments)
  - One time high toxicities may have complementary treatments, whereas long term and late toxicities may not
  - Clinic visits miss the interval between visits
  - Subjective measurements are usually reported lower by physicians than the patients themselves

*JNCI J Natl Cancer Inst (2015) 107(10):djv216*

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# Solutions for Safety and Tolerability Assessments

- Use PRO-CTCAE (or a subset specific to the agent being tested) to collect patient reported symptoms in all trials (even phase 1).
  - Consider the use of PROs during trial development focusing on outcome measures.
- Develop standards (Cella, 2015) to select the top 5 items (Qs) to ask that are relevant to what the patient will be experiencing.
- In phase 1 trials allow **a write in option** for unexpected toxicities. This information will inform future trials.
- Make it short, simple, relevant and easy for patients.
  - Electronic PRO
  - Symptoms as they happen
  - Ask 5-10 questions on regular intervals, not just at clinic visits
  - Collect data on frequent basis during treatments then less frequent during follow-up
- By phase 2 and 3 there should be a well defined patient informed assessment that patients are able and willing to fill out.



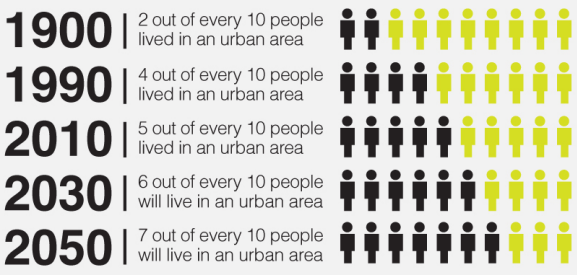
# Things to keep in mind when developing PROs – from a patient/caregiver/advocate survey

- Patients don't mind questionnaires
- The fewer questions asked, the more frequent you can ask them
- There is a limit to the number of questions or time it takes to answer questions
- Ask relevant/meaningful questions
- Don't ask the same question several times
- Let patients fill out the questionnaire at home (before or after visit)
- Use the information in a clinically meaningful way
- **Report results back to patients in an understandable way**

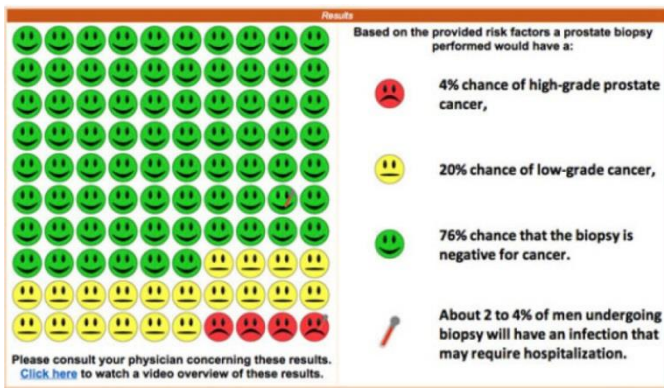
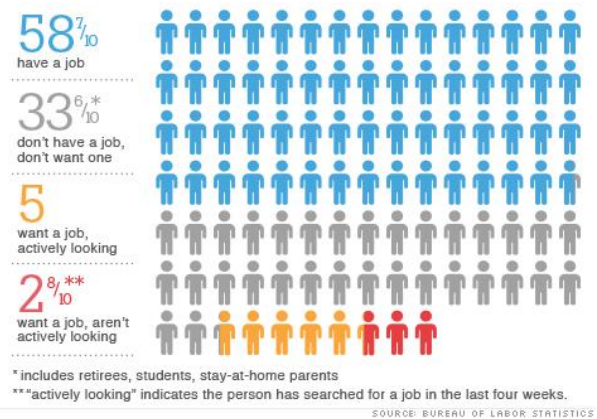
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# Urbanization



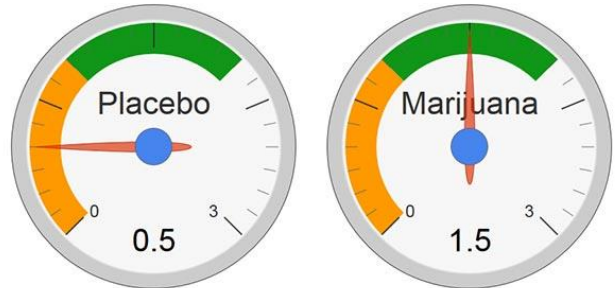
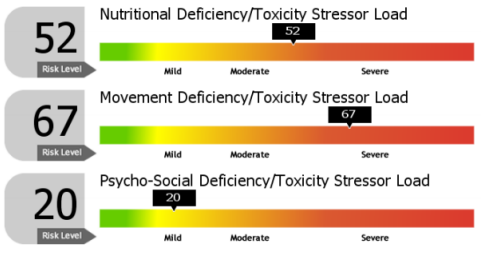
Defined by UN HABITAT as a city with a population of more than 10 million



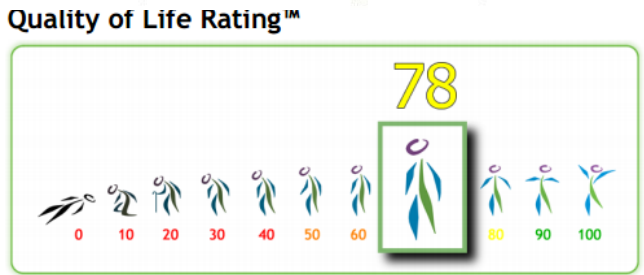
## Lifestyle Stressor Load Risk Rating™



**Urgent Warning!** Your Lifestyle Stressor Load Risk Rating is **SEVERE**. Your current lifestyle habits are putting you at **SEVERE RISK** for sickness and disease. You need to take **URGENT ACTION** to change your lifestyle habits.



Guage graph depicting neuropathic pain relief with marijuana compared to placebo (data used from clinicaltrials.gov clinical trials)



## Rheumatoid Arthritis (RA)

is a progressive, potentially crippling disease affecting more than one million U.S. adults, yet up to four-fifth of patients fall short in terms of adhering to their treatment plans.

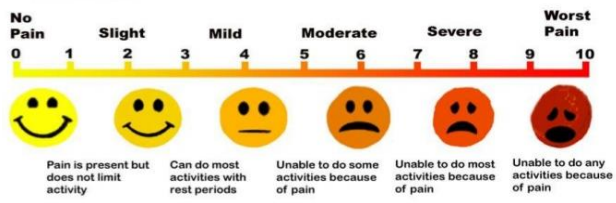
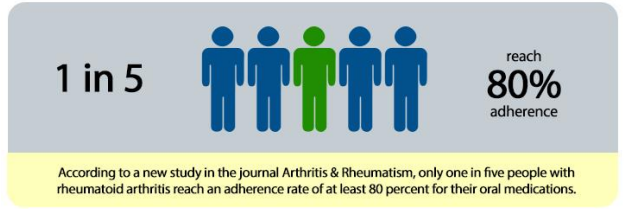


Image Source: <http://springblwow.springnote.com>



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2015

## Overview of the National Cancer Institute's Patient-Reported Outcomes version of the Common Terminology Criteria for Adverse Events (PRO-CTCAE)

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National Cancer Institute  
Bethesda, MD

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# PRO-CTCAE Measurement System

## 1. Item Library

- 78 symptomatic adverse events drawn from CTCAE
- Items evaluate frequency, severity, interference, amount, presence of these symptoms

## 2. Software

- Creates customized surveys; manages survey administration
- Patient interface: choice of web or IVR
- Conditional branching (skip patterns)
- Write-ins with automatic mapping to standardized terminology
- Automated alerts

For more information about PRO-CTCAE visit: <http://healthcaaredelivery.cancer.gov/pro-ctcae/>



# CTCAE vs. PRO-CTCAE Item Structures

CTCAE					
Adverse Event	Grade				
	1	2	3	4	5
Mucositis oral	Asymptomatic or mild symptoms; intervention not indicated	Moderate pain; not interfering with oral intake; modified diet indicated	Severe pain; interfering with oral intake	Life-threatening consequences; urgent intervention indicated	-



PRO-CTCAE
Please think back over <u>the past 7 days</u> :
What was the <u>severity</u> of your MOUTH OR THROAT SORES at their WORST? None / Mild / Moderate / Severe / Very severe
How much did MOUTH OR THROAT SORES <u>interfere</u> with your usual or daily activities? Not at all / A little bit / Somewhat / Quite a bit / Very much



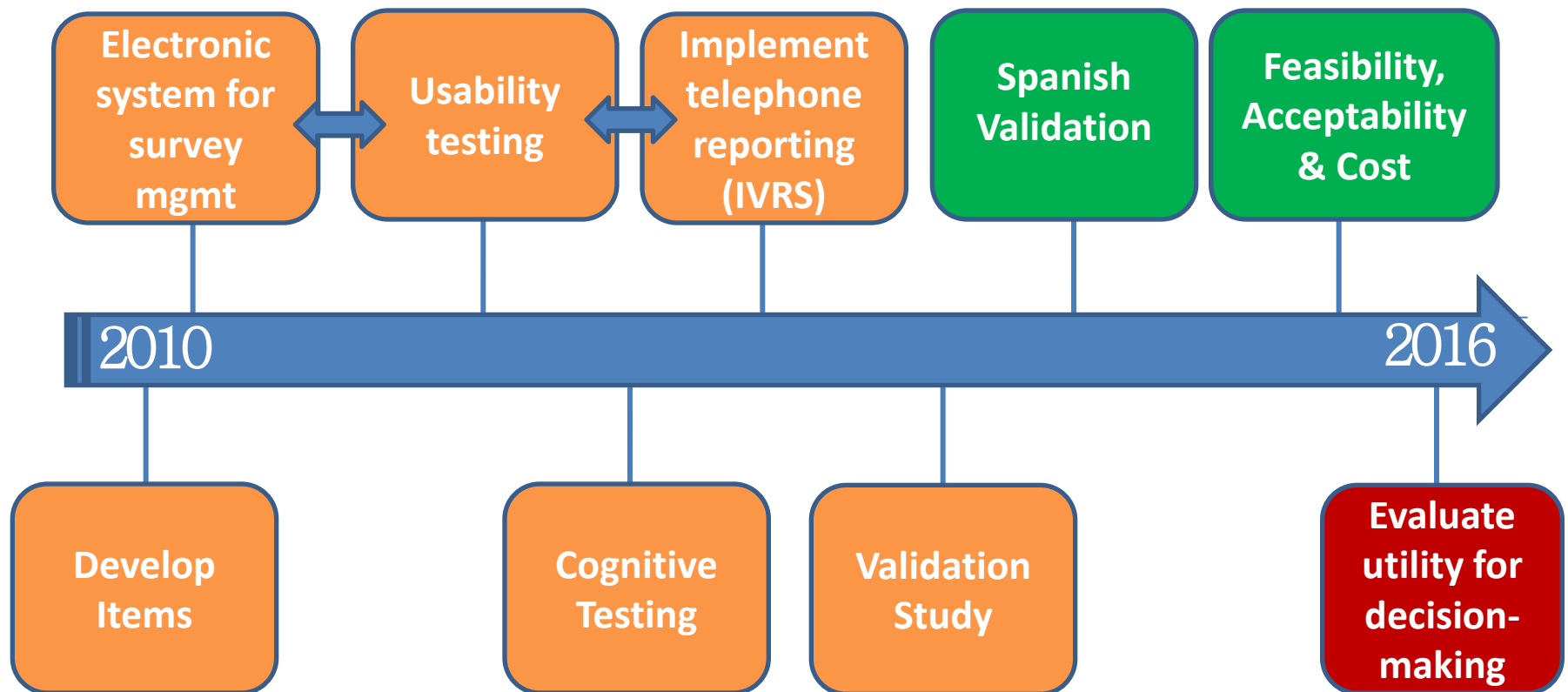
# PATIENT-REPORTED OUTCOMES VERSION OF THE COMMON TERMINOLOGY CRITERIA FOR ADVERSE EVENTS (PRO-CTCAE) ITEM LIBRARY (Version 1.0)

<b>Oral</b>		<b>Cardio/Circulatory</b>		<b>Neurological</b>		<b>Sleep/Wake</b>		<b>Sexual</b>	
Dry mouth	S	Swelling	FSI	Numbness & tingling	SI	Insomnia	SI	Achieve and maintain erection	S
Difficulty swallowing	S	Heart palpitations	FS	Dizziness	SI	Fatigue	SI	Ejaculation	F
Mouth/throat sores	SI	<b>Cutaneous</b>		<b>Visual/Perceptual</b>		<b>Mood</b>		Decreased libido	S
Cracking at the corners of the mouth (cheilosis/cheilitis)	S	Rash	P	Blurred vision	SI	Anxious	FSI	Delayed orgasm	P
Voice quality changes	P	Skin dryness	S	Flashing lights	P	Discouraged	FSI	Unable to have orgasm	P
Hoarseness	S	Acne	S	Visual floaters	P	Sad	FSI	Pain w/sexual intercourse	S
<b>Gastrointestinal</b>		Hair loss	P	Watery eyes	SI	<b>Gynecologic/Urinary</b>		<b>Miscellaneous</b>	
Taste changes	S	Itching	S	Ringing in ears	S	Irregular periods/vaginal bleeding	P	Breast swelling and tenderness	S
Decreased appetite	SI	Hives	P	<b>Attention/Memory</b>		Missed menstrual periods	P	Bruising	P
Nausea	FS	Hand-foot syndrome	S	Concentration	SI	Vaginal discharge	P	Chills	FS
Vomiting	FS	Nail loss	P	Memory	SI	Vaginal dryness	S	Increased sweating	FS
Heartburn	FS	Nail ridging	P	<b>Pain</b>		Painful urination	S	Decreased sweating	P
Gas	P	Nail discoloration	P	General pain	FSI	Urinary urgency	FI	Hot flashes	FS
Bloating	FS	Sensitivity to sunlight	P	Headache	FSI	Urinary frequency	PI	Nosebleed	FS
Hiccups	FS	Bed/pressure sores	P	Muscle pain	FSI	Change in usual urine color	P	Pain and swelling at injection site	P
Constipation	S	Radiation skin reaction	S	Joint pain	FSI	Urinary incontinence	FI	Body odor	S
Diarrhea	F	Skin darkening	P						
Abdominal pain	FSI	Stretch marks	P						
Fecal incontinence	FI								
<b>Respiratory</b>									
Shortness of breath	SI								
Cough	SI								
Wheezing	S								



Attributes	
F: Frequency	I: Interference
S: Severity	P: Presence/Absence /Amount

- Psychometrically robust library of items
- Electronic system fits data collection smoothly into trials workflow and offers favorable user-experience
- Accommodate patients with limited English proficiency/digital literacy
- Supply meaningful data to improve understanding of symptomatic AEs



# PRO-CTCAE Content Validity

- 78 symptomatic AEs identified from ~800 CTCAE terms for patient self-reporting
  - Plain-language AE terms identified
- Each symptomatic AE has 1 to 3 items<sup>1</sup>
  - Frequency, severity, interference w/ activities
- Three interview rounds with predetermined and open-ended probes (N=127)<sup>2</sup>
  - 63/80 symptom terms generated no cognitive difficulties; 17 modified and re-tested without further difficulties

<sup>1</sup>Basch et al., (2014). Development of the National Cancer Institute's Patient-Reported Outcomes Version of the Common Terminology Criteria for Adverse Events (PRO-CTCAE). *Journal of the National Cancer Institute*, 106(9). pii: dju244

<sup>2</sup>Hay et al. (2014). Cognitive interviewing of the Patient-Reported Outcomes Version of the Common Terminology Criteria for Adverse Events (PRO-CTCAE) to support content validity. *Quality of Life Research*, 23(1):257-269

# PRO-CTCAE Validity and Reliability

- Results demonstrate favorable validity, reliability, and responsiveness of PRO-CTCAE in a large, heterogeneous sample of patients undergoing cancer treatment (n=940)
  - Most PRO-CTCAE items (119/124) reached a statistically significant ( $p<0.05$ ) and meaningful effect size on one or more validity criteria
  - Majority of the items tested (n=27 items) exhibited acceptable test-retest reliability
  - All tested items (n=27 items) exhibited responsiveness to change

# Mode Equivalence

- N=112 patients completed 28 PRO-CTCAE items (14 symptomatic A/Es) by each of the three modes of administration at a single clinic visit
- Average time to complete an item:
  - Web: 11.1 seconds (SD =  $\pm 8.4$ )
  - Interactive Voice Response (IVRS): 16.3 seconds (SD =  $\pm 6.3$ )
  - Paper: 10.3 seconds (SD =  $\pm 5.8$ )

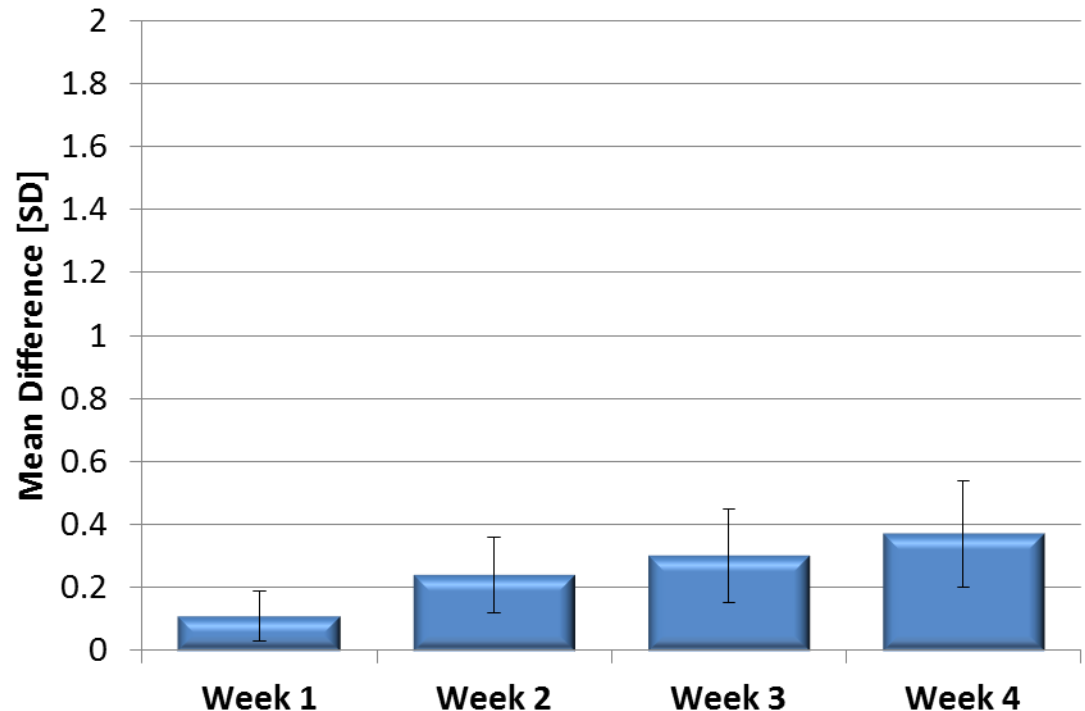
Between modes, item-level mean differences were very small, and the corresponding effect sizes were all less than 0.20

	Median ICC (Range)	Median (range) between-mode item-level mean difference
Web vs IVRS	0.78 (0.56 - 0.90)	-0.04 (-0.16 - 0.22)
Web vs paper	0.81 (0.61 - 0.96)	-0.02 (-0.11 - 0.14)
IVRS vs paper	0.78 (0.59 - 0.91)	0.02 (-0.07 - 0.19)

# Comparison of Recall Periods

- N=110 patients completed 27 PRO-CTCAE items (14 symptomatic A/Es)
  - Comparison of 28 daily ratings to 1-, 2-, 3-, and 4-week recalled ratings
  - Mean difference between the average daily score and recalled score

**1-week recall  
corresponds well to  
daily reporting.  
Differences between  
daily and longer recall  
periods widen with 2,  
3, and 4 week recall**



# Future Directions

- Standard analytic validation for a patient-reported outcome measure completed
  - PRO-CTCAE demonstrates favorable validity and reliability
  - Recall period of past 7 days has lower measurement error compared to longer recall periods
  - Mode equivalence supported for paper, IVRS and tablet-based administration
- PRO-CTCAE item library can be used for descriptive purposes
  - English, Spanish<sup>1</sup>, German<sup>2</sup> and Japanese language versions will be publicly available in first quarter of 2016

<sup>1</sup>Arnold et al. Linguistic validation of the Spanish translation of the US National Cancer Institute's Patient-Reported Outcomes version of the common Terminology Criteria for Adverse Events (PRO-CTCAE). Under review *Journal of Supportive Care in Cancer*.

<sup>2</sup>Kirsch et al. (2014). Linguistic and content validation of a German-language PRO-CTCAE-based patient-reported outcomes instrument to evaluate the symptom experience in survivors of allogeneic haematopoietic stem cell transplantation. *European Journal of Oncology Nursing*, 19(1):66-74.



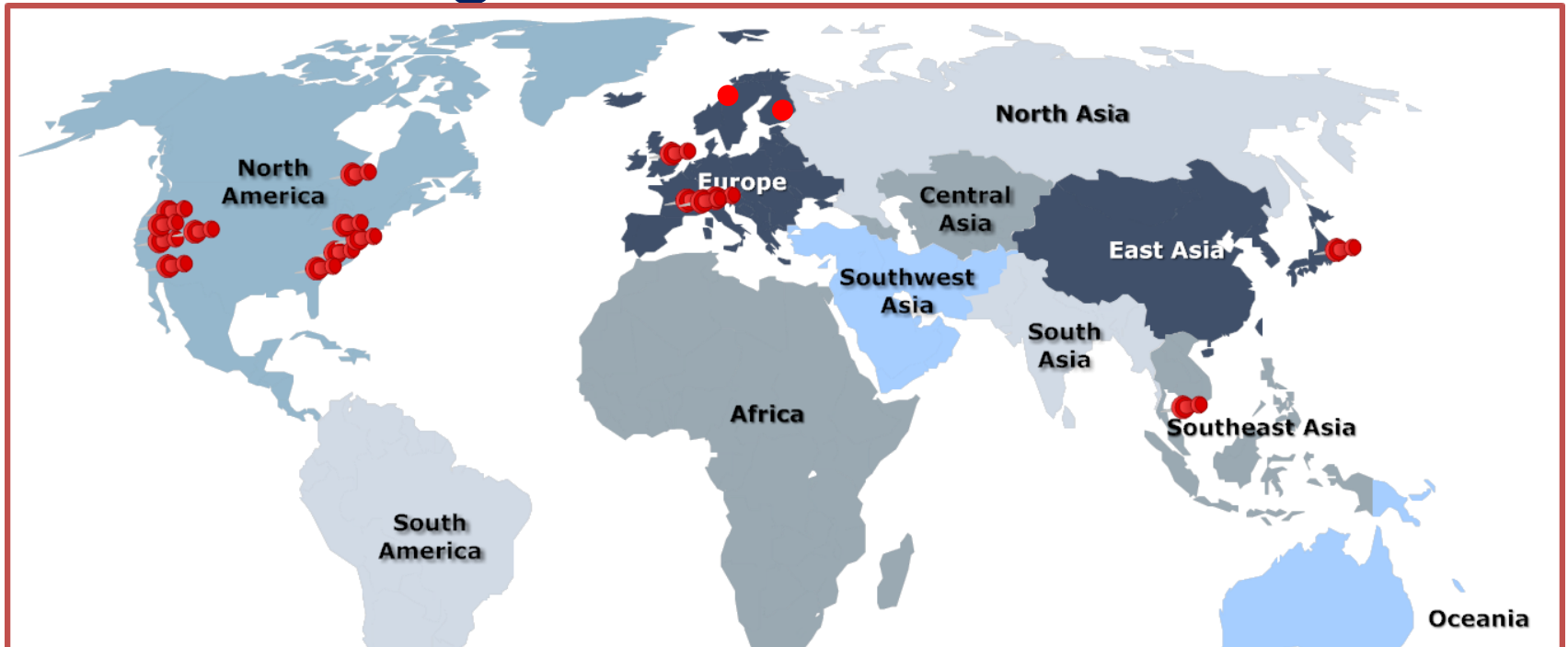
# Future Directions

- Interpretation and clinical utility of PRO-CTCAE is still evolving
- Ongoing work
  - Responsiveness, minimal clinically important difference, cut-points, relationship among the attributes
  - Empirically-derived mapping PRO-CTCAE item scores into CTCAE grades
  - Evaluate different approaches to patient-investigator grade reconciliation and to analyzing and representing PRO-CTCAE data
  - Testing additional items to expand the library
  - Six languages in development/validation: Chinese, Korean, Italian, French, Swedish and Danish

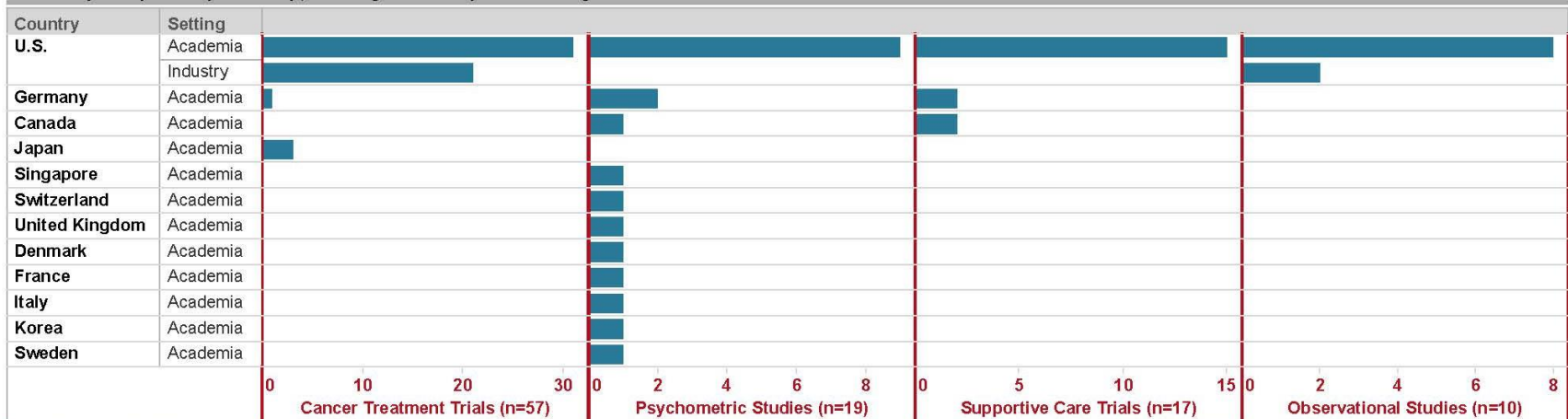
# Early Adopters

- >100 early adopters in academic settings and in industry-sponsored trials are testing PRO-CTCAE in treatment trials and observational studies
- Agreements established between NCI and investigators:
  - Ensure continuing integrity of the PRO-CTCAE tool while it is in active development
  - Stimulate efficient and coordinated testing of PRO-CTCAE
  - Allow for sharing of data and collaborative analysis
  - Generate evidence about best approaches for data interpretation and reporting in particular study contexts and specific patient populations
- Collaborations with leading national and international organizations to promote implementation and testing in cancer clinical trials and observational studies:
  - NCI National Clinical Trials Network (NCTN) and Early Therapeutics Clinical Trials Network (ETCTN)
  - US Food and Drug Administration
  - International: NHS in UK, Italian NCI, Japanese NCI, Danish Cancer Society, European Medicines Agency, Swedish Medical Products Agency

# Collaboration Agreements Established with Investigators in 12 Countries



103 Early Adopters by Country, Setting and Study Aims/Design



# Study Design Considerations

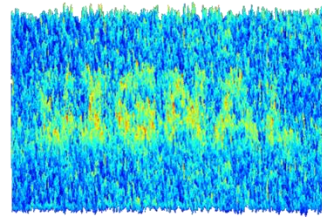
- Which toxicities to be measured?
  - Based on CTCAE derived from earlier phase studies of agent, knowledge of drug class, and anticipated on- and off-target effects; qualitative work in the population (if it exists); input from investigators
  - Thoughtful item selection to minimize patient burden
- At what timepoints of measurement?
  - Baseline, regular intervals during treatment, at treatment discontinuation
  - Toxicity surveillance using CTCAE and PRO-CTCAE elements should reflect comparable timeframes
- Planned analysis (descriptive, graphical, cumulative distributions, time-to-event analyses, mixed models...)?
- Inclusion of back-up data collection strategies and real-time monitoring of data quality to limit missing data
- Write-ins for unsolicited symptoms

# When to Include PRO-CTCAE in a Trial?

- **Phase I:** Preliminary Profile of Symptomatic Side Effects
  - Develop measurement approaches (items, timing) for later phase studies
- **Phase II:** Describe Toxicity in Depth
  - Identify means to reduce symptomatic side effects
  - Profile chronic grade 2 toxicities
- **Phase III:** Assess Overall Benefit/Risk for Regimen
  - Evaluate tolerability
  - Assess strategies to reduce chronic grade 2 toxicities that may impair adherence
- **Phase IV:** Efficacy→Effectiveness
  - Optimizing tolerability
  - Tailoring regimens for those with co-morbidities, frailty

# Scaling Towards Implementation

- PRO reporting of symptomatic adverse events yields data that is:
  - Actionable clinically in real time (trial eligibility, dose reductions etc)
  - Essential to determinations of benefit and harm at the study level
  - Crucial to regulators, sponsors, and the public
- PRO-CTCAE will ultimately be interpreted within a CTCAE reporting framework
  - Establish clinical validity across trial designs and populations so that integration is empirically-driven
- Ongoing efforts to embed PRO-CTCAE into trials
  - Understand how reporting could influence dose modifications
  - Efficiently incorporate into trial designs
  - Yield information that is interpretable and useful for decision-making (individual and trial-level)





# NCI PRO-CTCAE Study Group

Supported through NCI contracts HHSN261200800043C and HHSN261201000063C

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**NCI Community Cancer Centers Program (NCCCP), RTOG, Alliance, FDA**

**We gratefully acknowledge our study participants  
and patient representatives!**

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2015

IMPLEMENTATION AND REPORTING OF  
PRO-CTCAE: A PRACTICAL EXAMPLE

ETHAN BASCH, MD

UNIVERSITY OF NORTH CAROLINA

# “PROSPECT” Trial (Alliance N1048)

- Multicenter RCT in US and Canada
  - 127 sites, N=340 to date (ongoing)
- Patients with locally advanced rectal cancer assigned to receive chemoradiotherapy (current standard) vs. chemotherapy alone prior to surgical excision
  - Relative toxicities of high interest

# PRO-CTCAE in PROSPECT

- 15 AEs (30 items)
  - Selected by investigators with patient input
  - Cross-cutting\* + context specific
- Available in English or Spanish
- Patient choice of “IVR” or Web
- PRO-CTCAE weekly from home between visits during active treatment, then every 6 months x 3 years

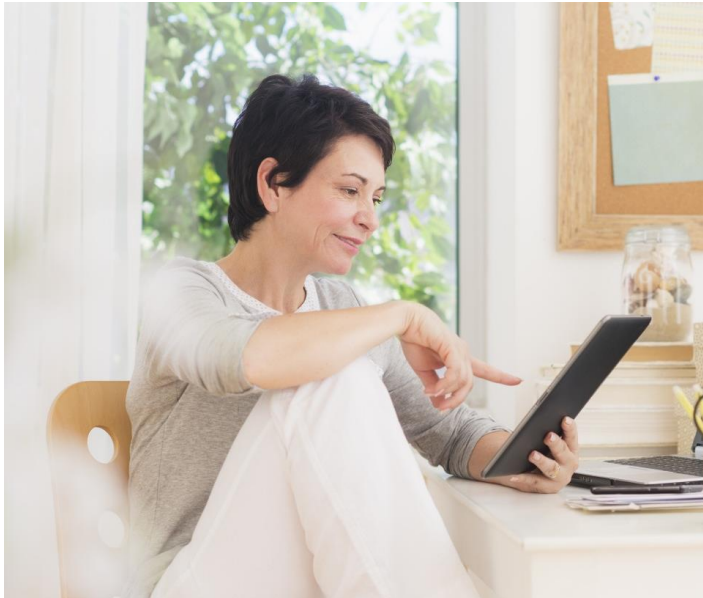
**PRO-CTCAE**



\*Reeve: J Natl Cancer Inst;2014;106(7)

# Patient Reminders and Backup Data Collection

- On due day of each week, automated email or call
- Up to 2 reminders
- If no self-report after 72 hours, central coordinator calls patient



# Overall Compliance with Self-Report

- PRO-CTCAE completed at **93%** of expected time points
  - Patient self-report: 78%
  - Backup calls recovered additional: 15%
- Compliance by mode:

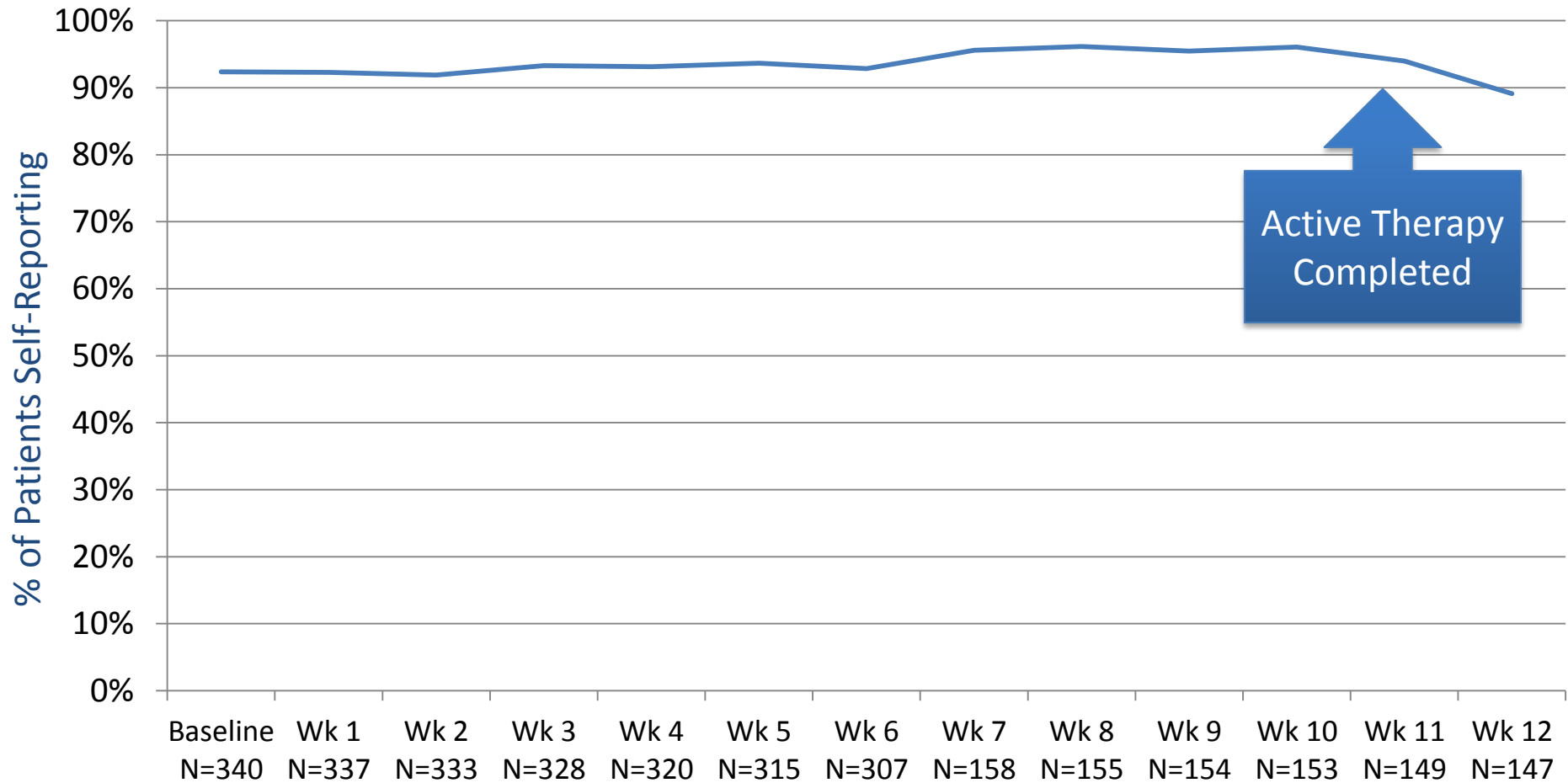


Web: **95%**



IVRS (**91%**)

# Compliance over Time



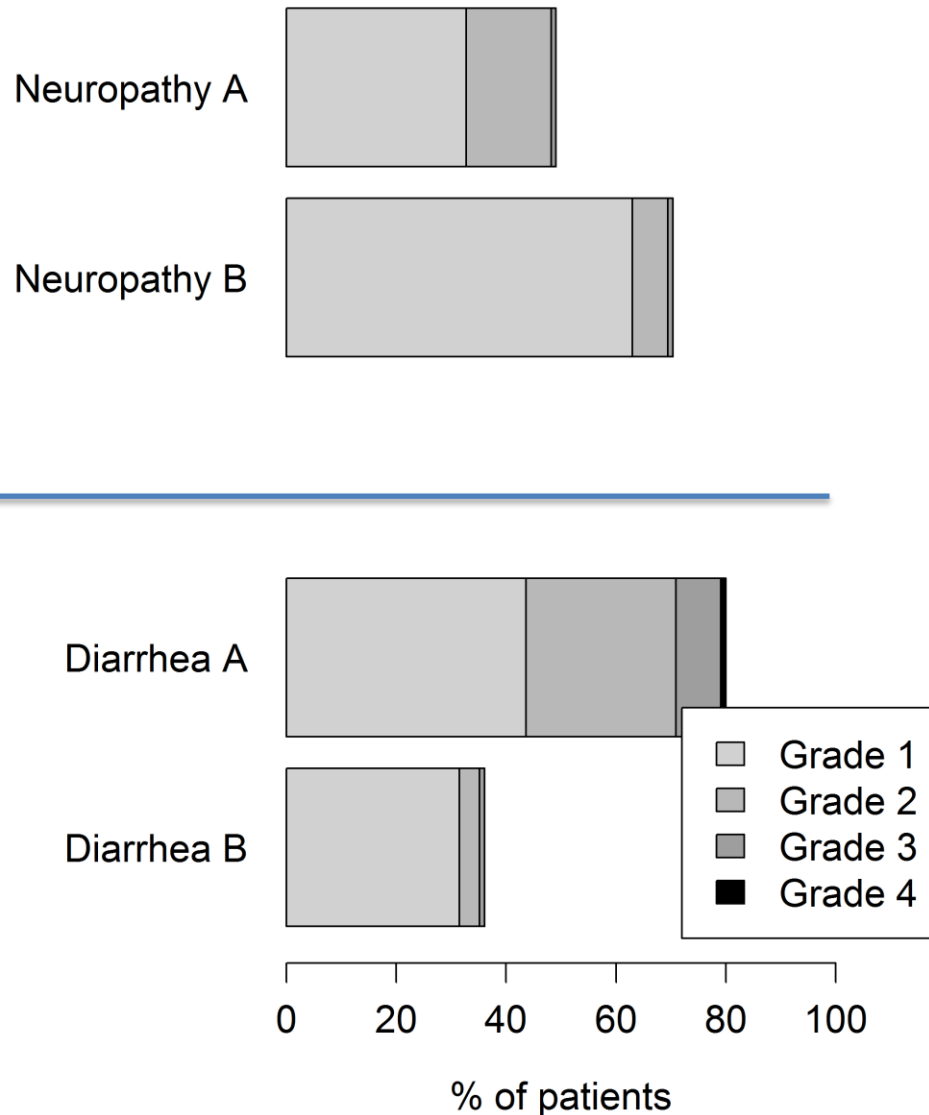
# PRO-CTCAE Compliance Rates

- Similar in 2 other ongoing trials using same PRO-CTCAE approach
- In a 4<sup>th</sup> trial, PRO-CTCAE collected via iPads at clinic visits without backup reminders
  - 86% compliance during active treatment
  - 71% at post-treatment follow up



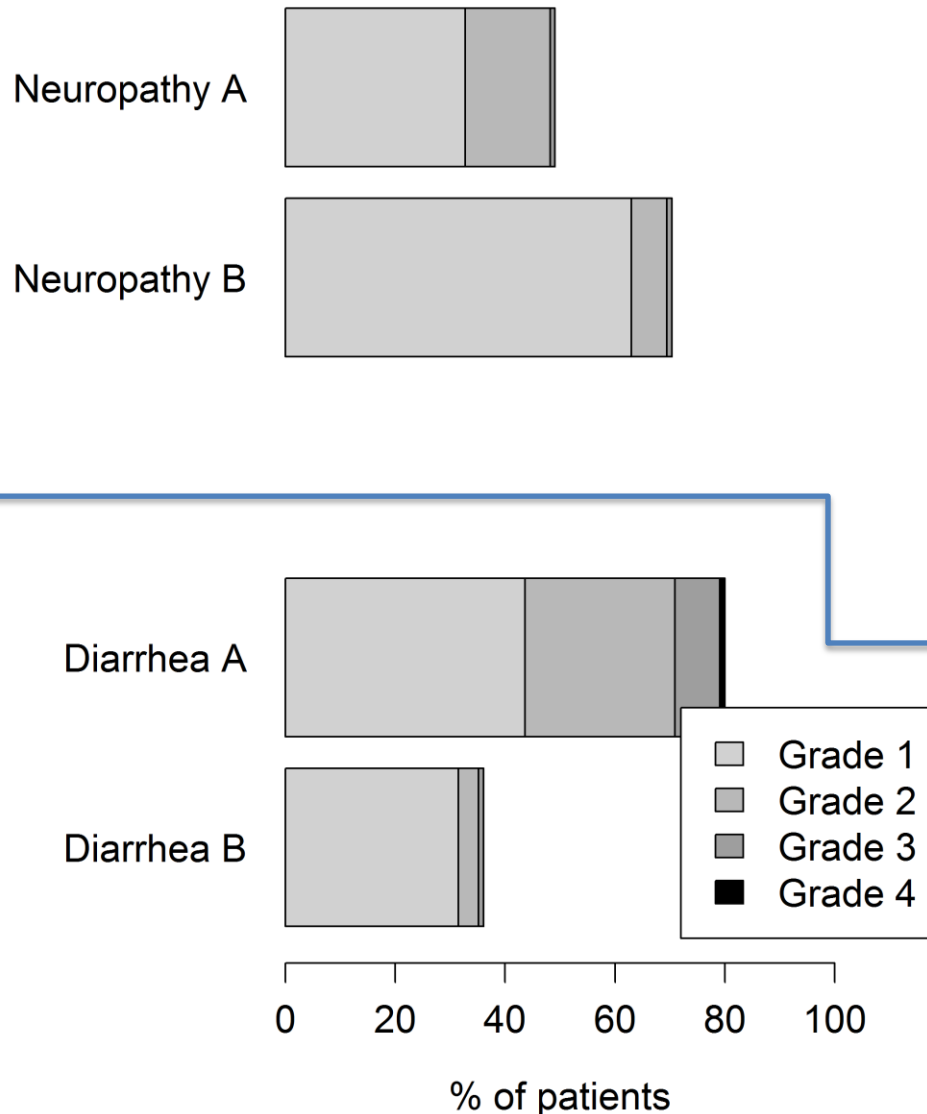
# Neuropathy & Diarrhea: CTCAE and PRO-CTCAE in PROSPECT

## CTCAE Maximum Grade Post-baseline

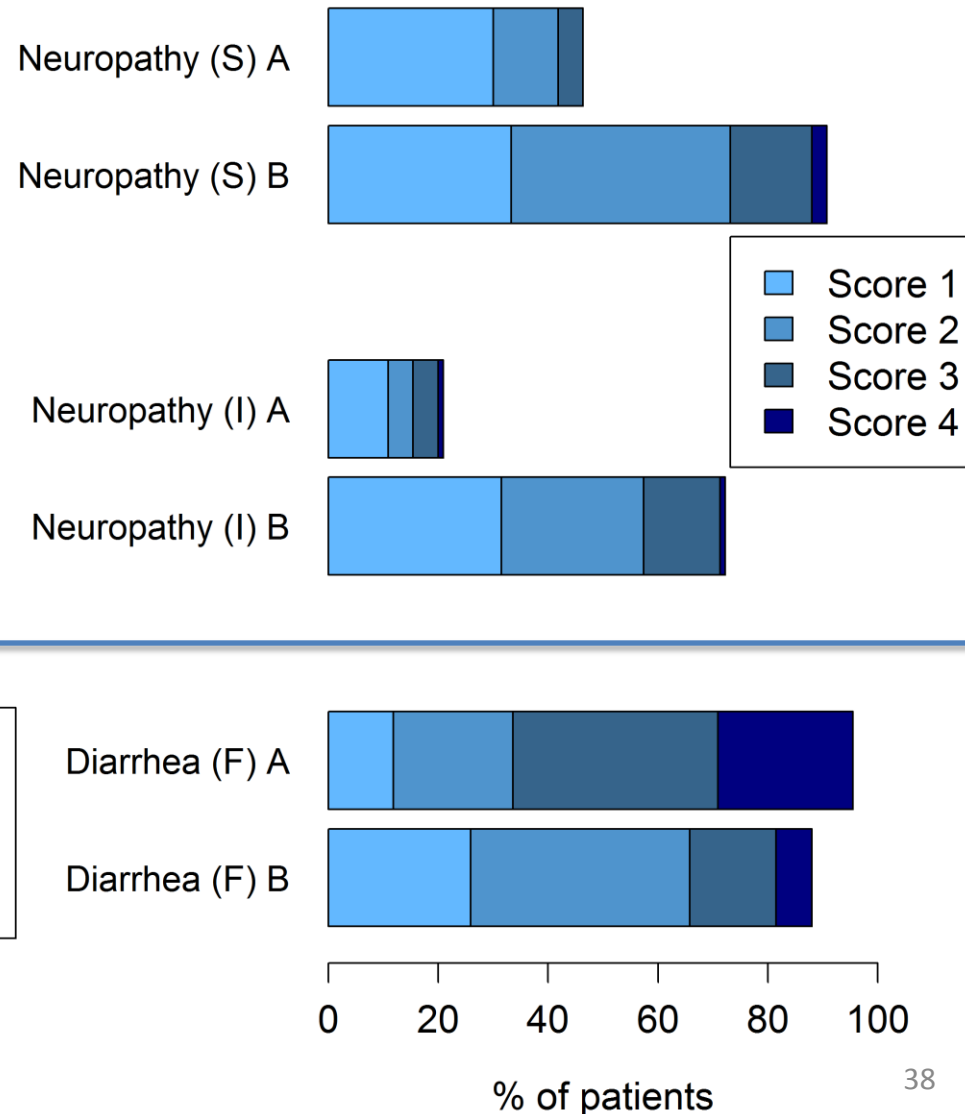


# Neuropathy & Diarrhea: CTCAE and PRO-CTCAE in PROSPECT

## CTCAE Maximum Grade Post-baseline



## PRO-CTCAE Maximum Score Post-baseline



# PROSPECT: Toxicity Table with CTCAE & PRO-CTCAE

Adverse Event		<u>Any Level (&gt;0)</u>		<u>High-Level*</u>		<i>p</i> <sup>†</sup>
		Arm A	Arm B	Arm A	Arm B	
Anorexia	CTCAE	34%	35%	3%	--	0.89
	PRO-CTCAE: <i>Severity</i>	66%	84%	9%	17%	0.003
	<i>Interference</i>	43%	71%	9%	14%	<0.001
Anxiety	CTCAE	30%	36%	--	--	0.39
	PRO-CTCAE: <i>Frequency</i>	58%	71%	8%	12%	0.048
	<i>Severity</i>	56%	69%	5%	7%	0.07
	<i>Interference</i>	39%	50%	5%	8%	0.13
Constipation	CTCAE	36%	43%	2%	--	0.41
	PRO-CTCAE: <i>Severity</i>	58%	83%	16%	21%	<0.001
Depression	CTCAE	17%	12%	1%	--	0.34
	PRO-CTCAE: <i>Frequency</i>	29%	48%	3%	8%	0.005
	<i>Severity</i>	26%	46%	2%	7%	0.003
	<i>Interference</i>	22%	41%	2%	10%	0.003
Diarrhea	CTCAE	80%	36%	9%	1%	<0.001
	PRO-CTCAE: <i>Frequency</i>	95%	88%	62%	22%	0.05
Dysphagia	CTCAE	5%	17%	1%	--	0.004
	PRO-CTCAE: <i>Severity</i>	14%	64%	--	7%	<0.001
Dyspnea	CTCAE	15%	23%	1%	--	0.17
	PRO-CTCAE: <i>Severity</i>	35%	57%	1%	5%	0.001
	<i>Interference</i>	28%	49%	3%	9%	0.002

\* High-level for CTCAE: ≥Gr3. High-level for PRO-CTCAE: score level 3 or 4 (*severe or very severe; frequently or almost constantly; quite a bit or very much*).

†Based on Fisher's exact test comparing rate of Grade or Score >0 between arms

# PROSPECT: Toxicity Table with CTCAE & PRO-CTCAE

Adverse Event		<u>Any Level (&gt;0)</u>		<u>High-Level*</u>		<i>p</i> <sup>†</sup>
		Arm A	Arm B	Arm A	Arm B	
Anorexia	CTCAE	34%	35%	3%	--	0.89
	PRO-CTCAE: <i>Severity</i>	66%	84%	9%	17%	0.003
	<i>Interference</i>	43%	71%	9%	14%	<0.001
Anxiety	CTCAE	30%	36%	--	--	0.39
	PRO-CTCAE: <i>Frequency</i>	58%	71%	8%	12%	0.048
	<i>Severity</i>	56%	69%	5%	7%	0.07
						0.13
Constipation						0.41
						<0.001
Depression						0.34
						0.005
						0.003
						0.003
Diarrhea						<0.001
						0.05
Dysphagia	CTCAE	5%	17%	1%	--	0.004
	PRO-CTCAE: <i>Severity</i>	14%	64%	--	7%	<0.001
Dyspnea	CTCAE	15%	23%	1%	--	0.17
	PRO-CTCAE: <i>Severity</i>	35%	57%	1%	5%	0.001
	<i>Interference</i>	28%	49%	3%	9%	0.002

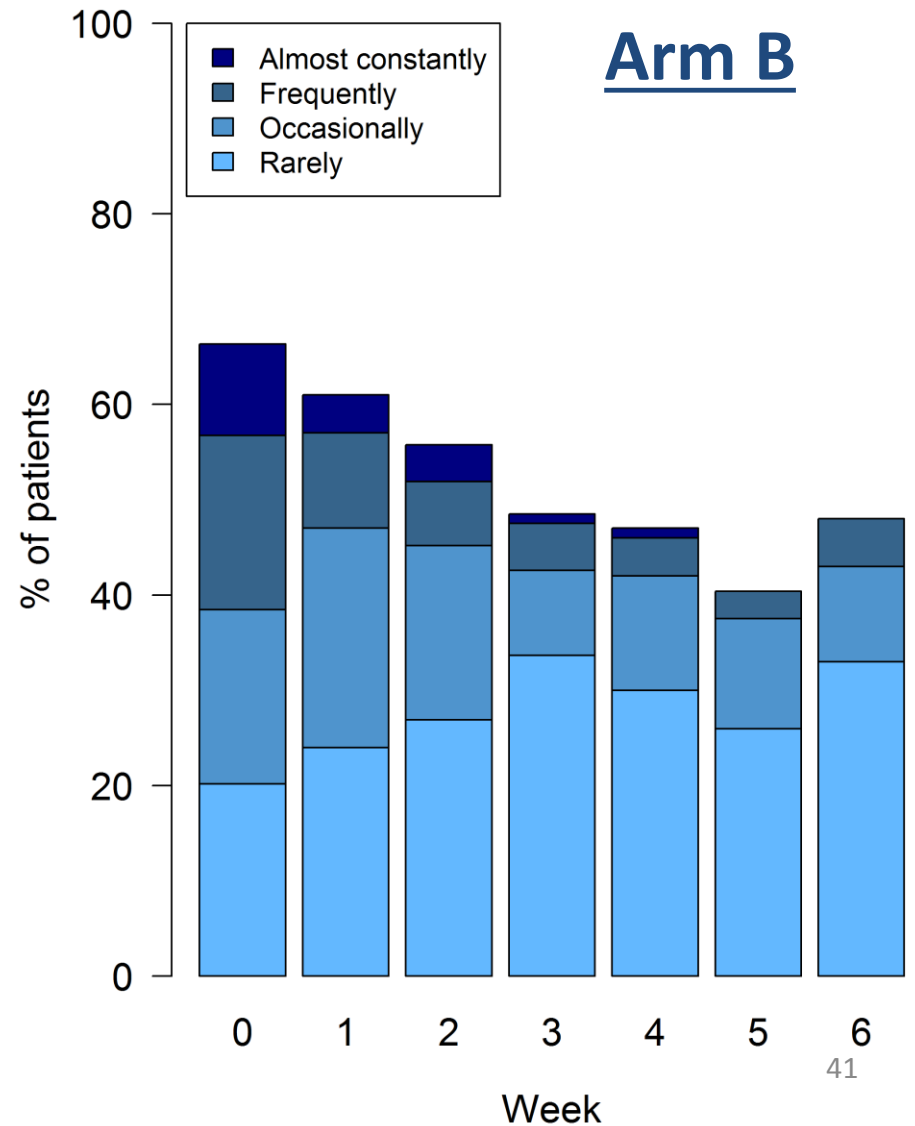
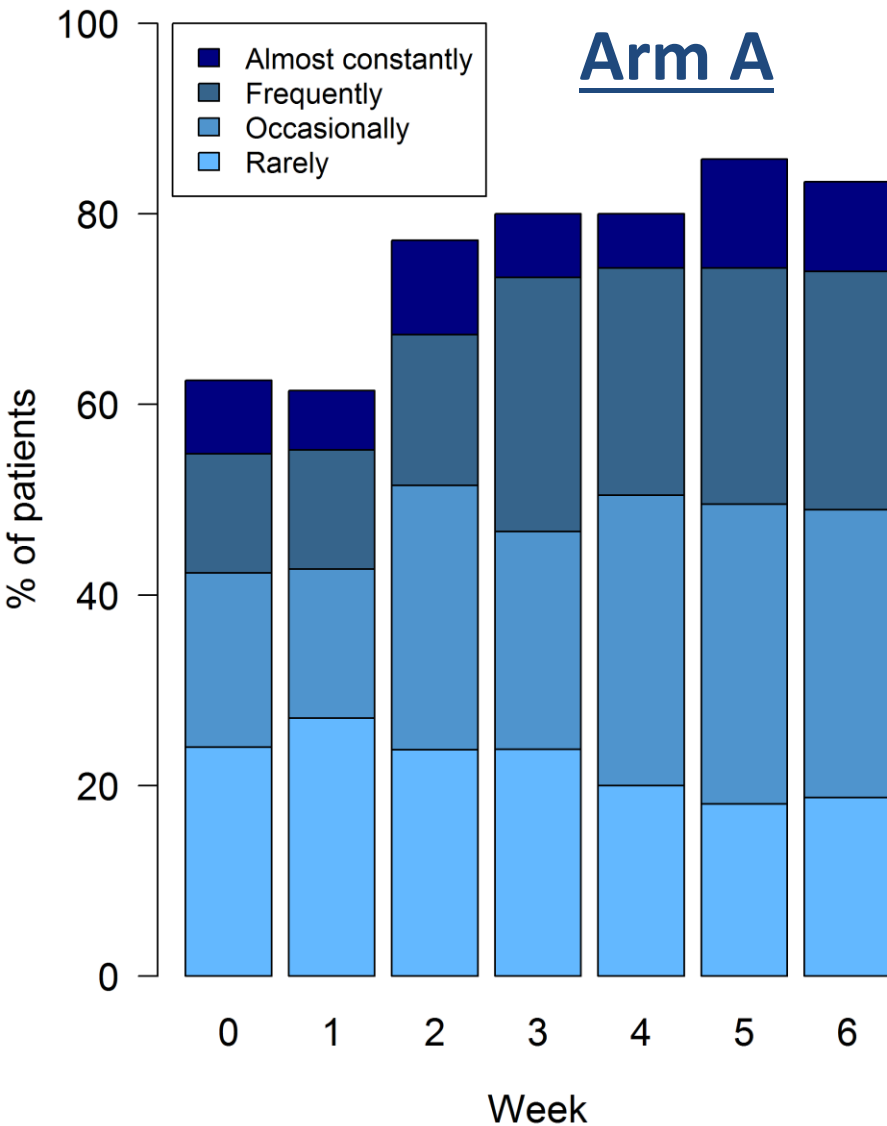
- Number of AEs found to be statistically significantly different between study arms:
  - CTCAE: 4/15 (27%)
  - PRO-CTCAE: 11/15 (73%)

\* High-level for CTCAE: ≥Gr3. High-level for PRO-CTCAE: score level 3 or 4 (*severe or very severe; frequently or almost constantly; quite a bit or very much*).

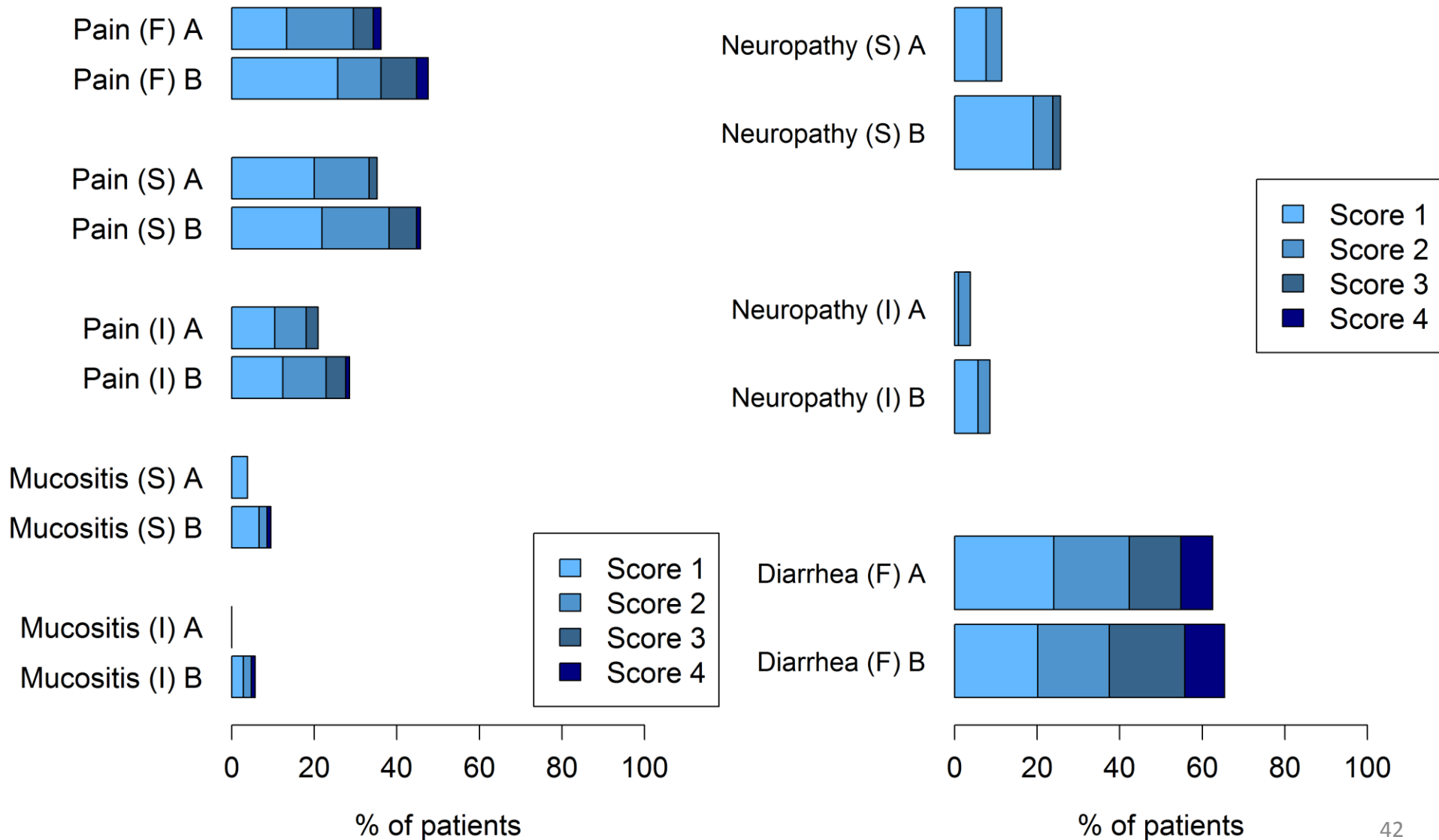
†Based on Fisher's exact test comparing rate of Grade or Score >0 between arms

# Longitudinal PRO-CTCAE Trajectories over Time

## Diarrhea (F)

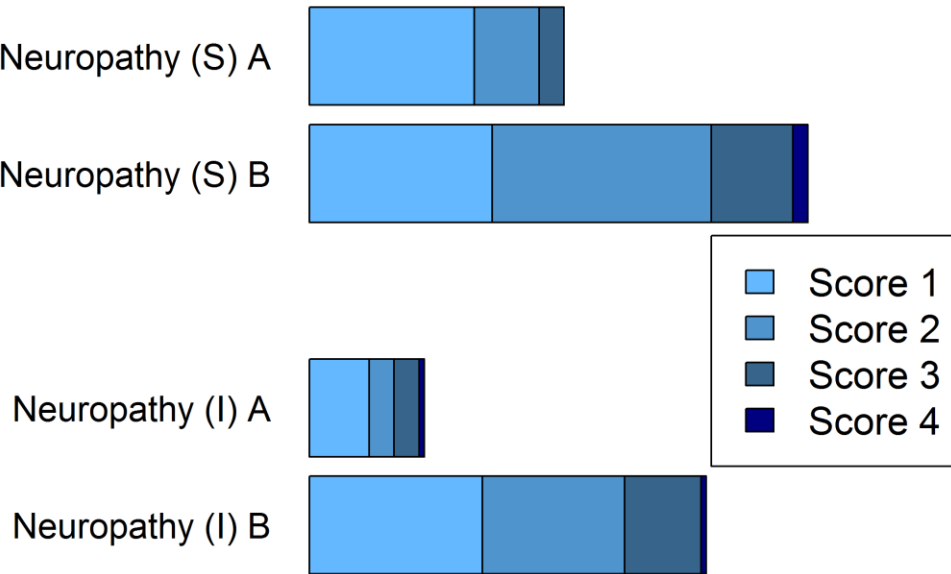


# PRO-CTCAE Baseline Scores

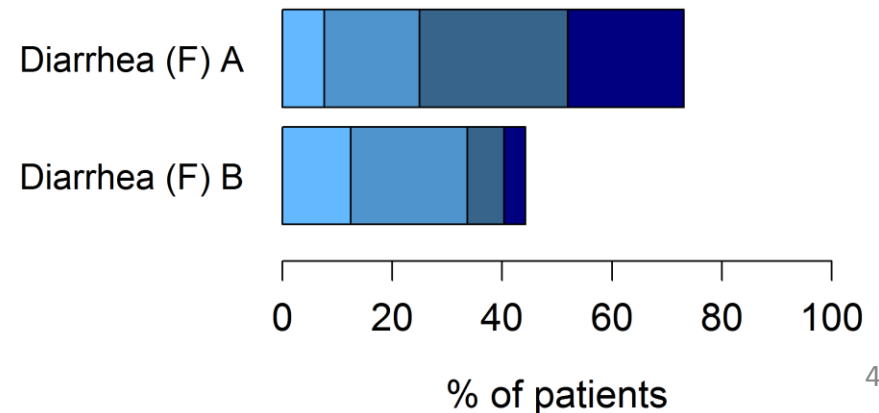
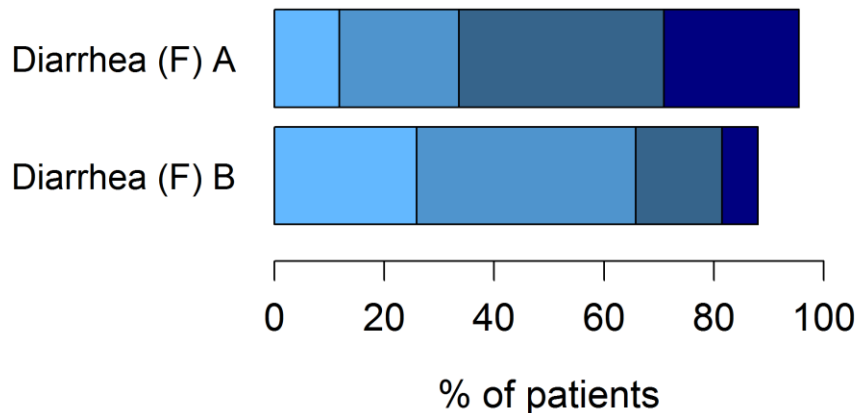
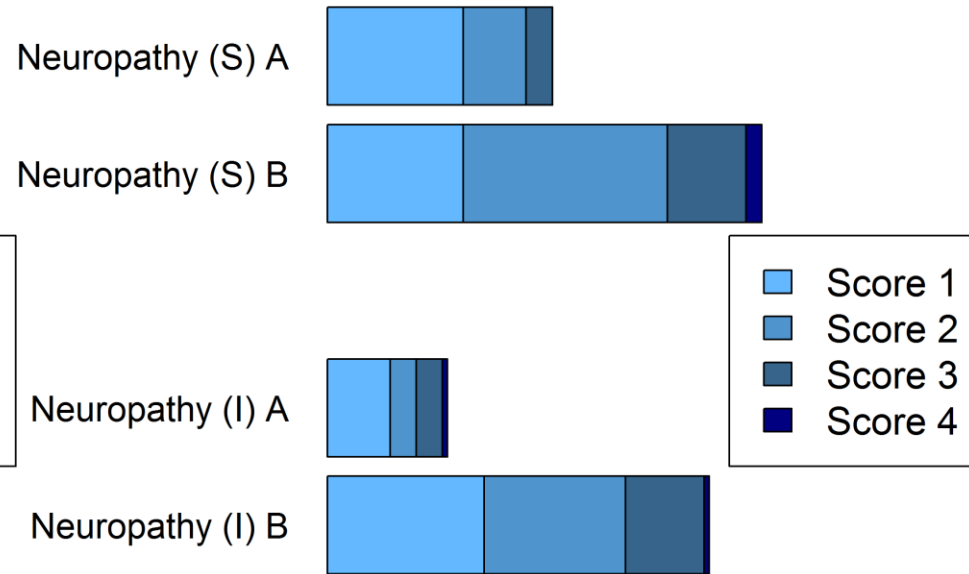


# PRO-CTCAE with/without subtraction of baseline scores

## PRO-CTCAE Maximum Score Post-baseline



## PRO-CTCAE Baseline Subtraction



# Conclusions

- Collection of PRO-CTCAE is feasible in trials
- PRO-CTCAE detects significant differences between study arms for more AEs than CTCAE
- PRO-CTCAE detects baseline AEs that can be “discounted” in AE analyses
- PRO-CTCAE should be considered for use in any trial using CTCAE
  - Should be made freely available without permissions process, which is a barrier to use
  - Multiple language translations urgently needed



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ALICYN CAMPBELL  
GLOBAL HEAD, PATIENT-CENTERED OUTCOMES RESEARCH  
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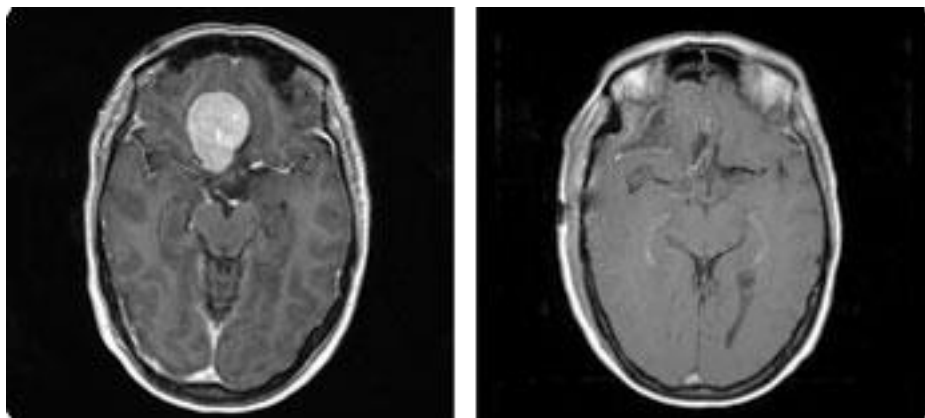
# Disclosures

- I am currently an employee of Genentech, a Member of the Roche Group
- The opinions and thoughts expressed in this presentation are my own and do not reflect nor represent those of F. Hoffmann-La Roche AG, nor of Genentech, a Member of the Roche Group

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# How is the Benefit of a New Treatment Assessed in Clinical Trials?



What does this tell us about how this **patient feels** or **functions**?

...symptom burden?

Source: <http://www.uchospitals.edu/specialties/neurosurgery/patient-stories/diane.html>

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# Current Situation

- We collect vast amounts of patient-reported data in our ongoing trials, however, these data are rarely included in the US label and cannot be directly communicated to patients
- Patients are increasingly engaged and requesting relevant data to support their decision-making process

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# Future: Transform the Assessment of the Patient Experience in Oncology

- Develop and disseminate a set of tools assessing 3 core concepts:
  - Alleviation of tumor burden
  - Functional status
  - Treatment burden
    - We need to provide patients and providers with easy to interpret data to assess benefit:risk for treatment determinations
- Standardization: one level of evidence for all stakeholders
  - e.g. patients, providers, regulators, payers

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# Global Sponsors = Global Stakeholders

## Health Care Providers



Treatment Guidelines

Publications

Assess risk/benefit



Label claims

Regulatory Agencies

Value differentiation



HTA/  
Payers

## Patients



Expected benefit:  
function  
symptoms

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# Global Sponsors = Global Stakeholders

- Evidence plan must suit needs of multiple global stakeholders, when determining the *tool(s)* to include when defining *endpoints* to assess the *outcomes* of interest
- There is still value assessing treatment burden with current tools
  - e.g. EORTC [core & disease modules], BFI, BPI, MDASI

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# Tactical Barriers to Industry Adoption

- Simplified license process
  - Current Material Transfer Agreement process is too lengthy for inclusion in global trials
- Availability of global translations
  - Current lack of global translations and inability to use standard vendors (e.g. Mapi)
  - Propose pre-competitive industry collaboration where multiple sponsors share in the upfront cost of translations and pay no future usage fees. Non-sponsors pay usage fees to supplement future languages.
- Data-driven rationale for item selection as part of trial assessment strategy
  - Minimize responder burden, multiplicity



# Tactical Barriers to Industry Adoption

- Data collection standards
  - NCI platform vs. sponsor developed platforms
  - Enabling, coding & analyzing patient write-in responses
- Data analysis standards
  - Consensus on data scoring: descriptive vs. total score
  - Consensus on data analysis and presentation for submissions, manuscripts, labeling
  - Consensus on cross trial comparison methods when differing item sets included



# Summary

- Treatment burden is one of the 3 core concepts to measure when assessing the patient experience of cancer
- We need to create a macro-level regulatory path *and* address tactical barriers to implementation for PROCTCAE to be broadly used in clinical trials
- We need to partner as a sponsor and academic community to provide patients with rigorous and understandable benefit:risk data to make informed treatment decisions when faced with a diagnosis of cancer

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## PRO-CTCAE: TOWARD A SYSTEMATIC LONGITUDINAL ASSESSMENT OF SYMPTOMATIC ADVERSE EVENTS

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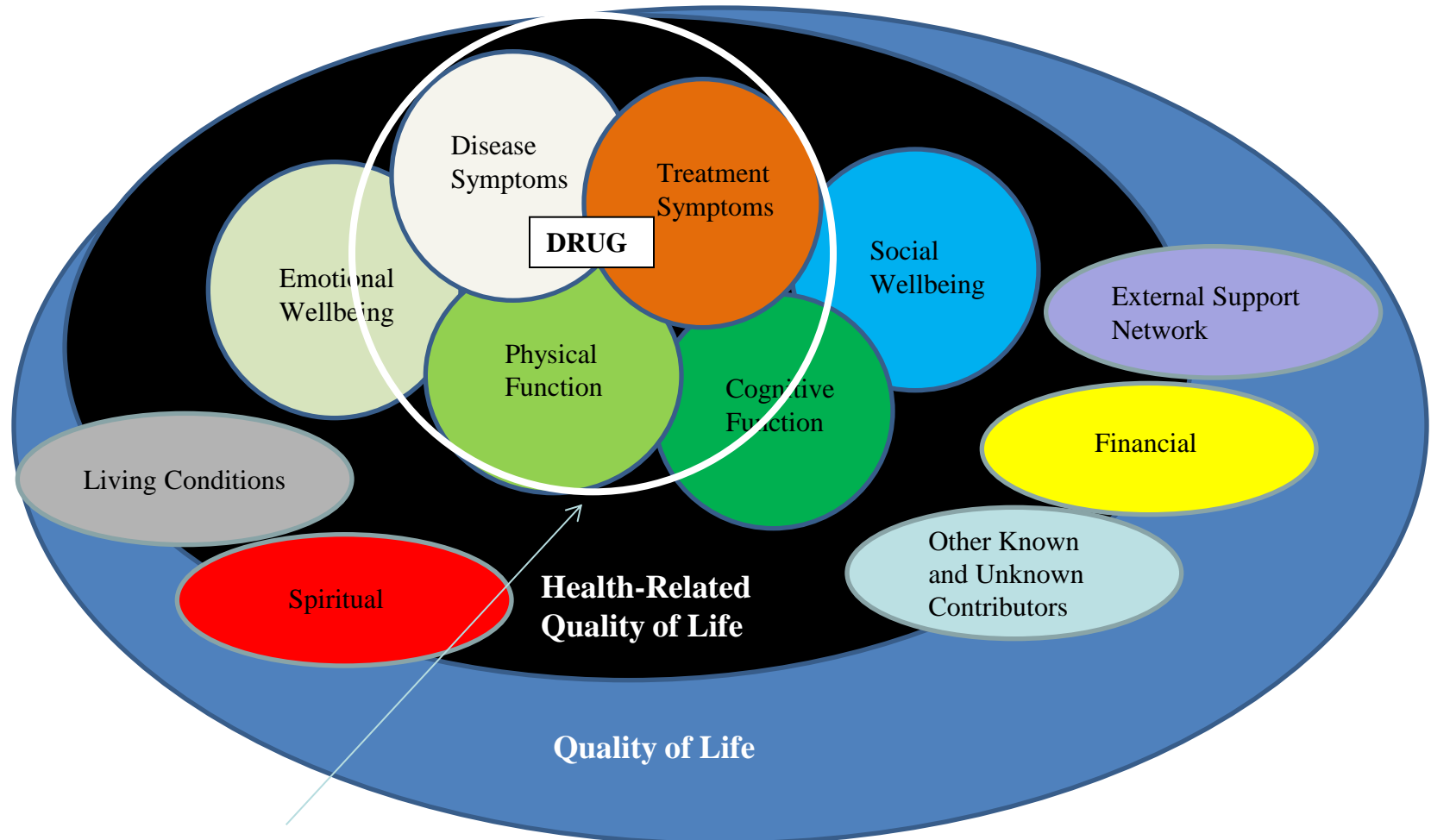
# What questions can PRO answer?

- **Efficacy:** Does the drug improve disease related symptoms or functional deficits? Is it reducing the burden of cancer?
  - Pain, Total Symptom Score, Performance related outcomes
  - More conducive to formal statistical analysis and claims of treatment benefit
- **Safety/Tolerance:** How do patients feel while on therapy?
  - Tolerance/ Symptoms / “Quality of Life”
  - Like AE data, more descriptive in nature
  - Much harder to quantify and statistically test

## What has been the default PRO strategy?

- Static- health related quality of life (HRQOL) instruments developed in a different therapeutic era
  - Often 30 or more questions
  - Static adverse event assessment: little ability to adjust to ever-changing therapeutic side effect profiles
  - Measures concepts that are considered far removed from the effect of the drug on the patient (social, financial wellbeing, etc.)
  - May measure concepts that are fixed deficits (sexual function in metastatic prostate cancer patients on androgen deprivation for life)
  - Often infrequently assessed with high levels of missing data
- Newer instruments under development are more flexible and can measure key contributors to HRQOL separately

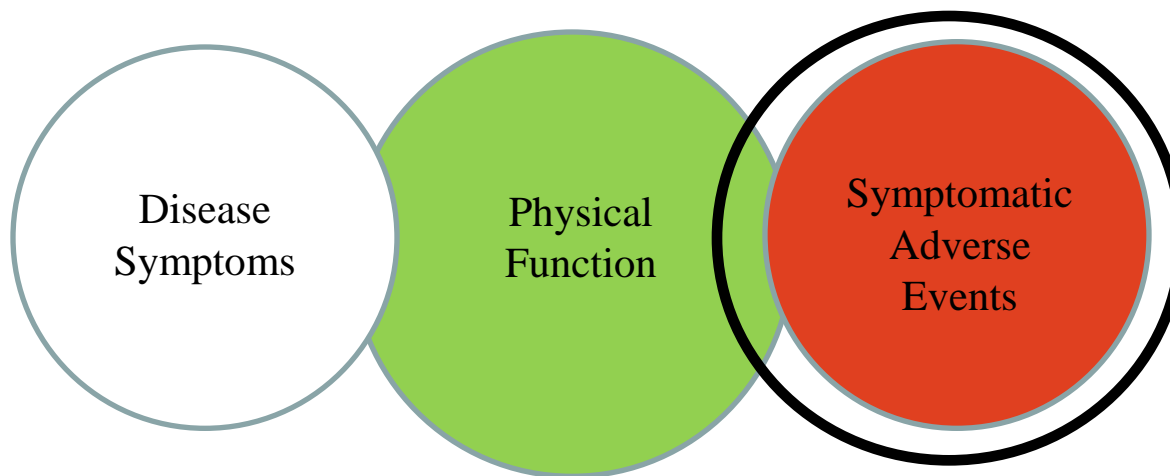
## Common PRO Strategy: Single Static Instrument Measuring Health Related Quality of Life (HRQOL)-



Focus Analyses on 3 Core Concepts that are important Contributors to HRQOL

## PRO Assessments of Core Concepts Focuses on Symptoms Closest to the Therapy's Effect on the Patient and Their Disease

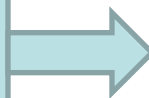
- More narrow concepts, more well defined assessments
- Separate measures can allow for use of new instruments/item banks
  - We must acknowledge there will be some overlap between disease and treatment related symptoms
- Measures of these concepts may be more responsive to the positive or negative effects of a therapy on the patient and their disease



# Safety in a Changing Therapeutic Context

## Prior Drug Development Era:

- Mechanism: Cytotoxic Chemotherapy
- Intermittent Intravenous Administration
- Shorter Duration of Treatment
- Adverse events typically Neuropathy, Mucositis, Bone Marrow Suppression, Fatigue, Nausea/vomiting, Diarrhea, Hair Loss, Taste Changes



## Current Drug Development Era:

- Mechanism: Diverse, including Cytotoxic, Immune, Antibodies, Small Molecule targeting Various Pathways.
- Continuous Daily Oral Administration becoming more common
- More Prolonged Duration of Treatment
- Adverse events can widely differ depending on mechanism and target.

- Commonly used PRO Instruments are Static:
  - They measure same Symptoms Regardless of Therapeutic Context

**There is a need for systematic PRO assessment of symptomatic adverse events with a standard yet flexible PRO instrument**



# Patient-Reported Outcomes version of the Common Terminology Criteria for Adverse Events (PRO-CTCAE)

- Strengths

- Patient reported- (Symptoms are best reported by the patient)
- Systematically and rigorously developed
- Standard: provides a standard item bank and platform
- Flexible: allows choice of relevant toxicities AND opportunity to update the item bank as novel mechanistic toxicities emerge
- Familiar: Complimentary to existing safety evaluation (CTCAE)

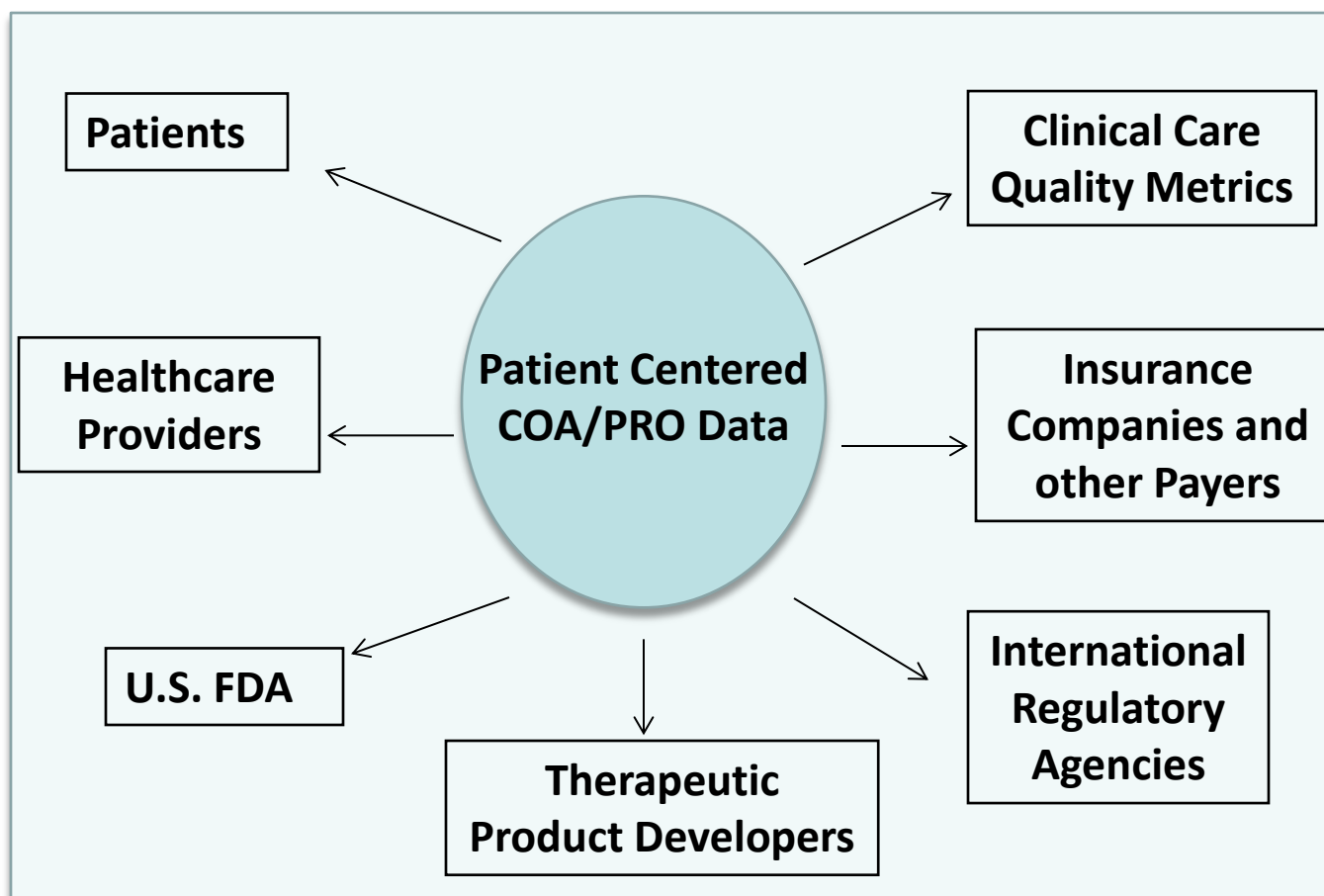
- Work to be Done

- Language Translations
- Scoring
- Unbiased Item Selection
- How to use PRO-CTCAE Real-time for clinical management
- Most informative least misleading way to analyze and present data
- Comparative tolerability designs

# Implementation Challenge: Burden and Duplication

- Some symptomatic adverse events are assessed in existing health related quality of life (HRQOL) instruments
  - Integrating PRO-CTCAE with unmodified existing HRQOL instruments and their disease modules would result in duplication and increased burden
- Can we take advantage of the strengths of existing AND newly developed instruments to provide a comprehensive PRO strategy?
- Can we modify existing HRQOL instruments to remove what is duplicative and measure isolated domains as exploratory data?
  - Single item global impression of health?
  - Emotional and Cognitive domains?

## Many Stakeholders Rely on PRO Data: International Collaboration will be Necessary



## Conclusion:

- Systematic longitudinal assessment of patient-reported symptomatic adverse events could compliment existing safety assessments
- PRO-CTCAE provides a standard yet flexible instrument to generate descriptive PRO symptomatic adverse event data
- Carefully assessed PRO-CTCAE data could be included in the FDA label descriptively
- Additional work must be done to integrate PRO-CTCAE into a comprehensive PRO strategy for cancer clinical trials:
  - Goal: Increase question relevance and decrease duplication and burden